

DISHES AND THEIR ALLERGEN CONTENT – Zita's Exeter

| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| STARTERS & DIPS | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Moink Balls | | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
| Chicken Lollipops | | ✓ | | | ✓ | | | | ✓ | | | | | |
| Sticky Fingers | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Hot Mess | | | | ✓ | | | ✓ | | | | | | | |
| Brisket Bites | ✓ | | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |
| Spicy Ketchup | | | | | | | | | | | | | | |
| Garlic Mayonnaise | | | | ✓ | | | | | | | | | | |
| Spicy Mayonnaise | | | | ✓ | | | | | | | | | | |
| BBQ Sauce | | ✓ | | | ✓ | | | | ✓ | | | | | |

Review date: 02/10/2018

Reviewed by: Martin A Hepworth



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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| MAINS | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Pulled Pork Bap | ✓ | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
| Rack of Ribs | ✓ | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
| Blackened Fish | | | | | ✓ | | | | | | | | | |
| Chicken and Chips | | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
| Sausage and Chips | | ✓ | | | ✓ | | | | ✓ | | | | ✓ | |
| Brisket and Chips | ✓ | | | ✓ | | | | | ✓ | | | | | |
| Stuffed Peppers | | | | | | | | | | | | | | |
| Jackfruit Bap | | ✓ | | | | | | | ✓ | | ✓ | | ✓ | |
| Smokehouse Tray | ✓ | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |

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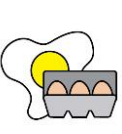
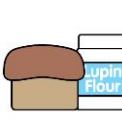


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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| BURGERS | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Chicken Run | | ✓ | | ✓ | | | ✓ | | ✓ | | | | | |
| Usual Suspect | | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | | ✓ |
| Chickpea Burger | | ✓ | | | | | | | | | | | | |
| Halloumi Burger | | ✓ | | | | | ✓ | | | | | | | |
| Pull Monty | | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
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Review date: 29/03/2018

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|--------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| SIDES & SAUCES | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Plain Chips | | | | | | | | | | | | | | |
| Sweet Potato Fries | | | | | | | | | | | | | | |
| Dirty Fries | | ✓ | | | ✓ | ✓ | | | ✓ | | | | | |
| BBQ Beans | | ✓ | | | ✓ | ✓ | | | ✓ | | | | | |
| Burnt End Beans | | ✓ | | | ✓ | ✓ | | | ✓ | | | | | |
| Onions Rings | | ✓ | | | | | | | | | | | | ✓ |
| Corn on the Cob | | | | | | | ✓ | | | | | | | |
| Pit Rice | | ✓ | | | | | | | | | | | | |
| Side Salad | | | | | | | | | ✓ | | | | | |
| House Slaw | | | | ✓ | | | | | ✓ | | | | | |

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|------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| KIDS | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese Burger | | ✓ | | | | | ✓ | | | | | | | |
| Moink Balls | | ✓ | | ✓ | ✓ | | | | ✓ | | | | | |
| Halloumi Bites | | ✓ | | | | | ✓ | | | | | | | |
| Lollipop Chicken | | ✓ | | | ✓ | | | | ✓ | | | | | |
| Sausages | | ✓ | | | | | | | | | | | | |
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Review date: 21/09/2017

Reviewed by: Martin A Hepworth

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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|----------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| Lunch | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Cheese Burger | | ✓ | | | | | ✓ | | | | | | | |
| Breakfast | | ✓ | | ✓ | ✓ | | ✓ | | ✓ | | | | | |
| Halloumi Salad | | ✓ | | | | | ✓ | | | | | | | |
| Chicken Salad | | ✓ | | | | | ✓ | | ✓ | | | | | |
| Sausages Bap | | ✓ | | | | ✓ | | | ✓ | | | | | |
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| DISHES |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
|-----------------------|---|---|---|---|---|--|---|---|---|---|---|---|---|---|
| DESSERTS | Celery | Cereals containing gluten | Crustaceans | Eggs | Fish | Lupin | Milk Dairy | Mollusc | Mustard | Nuts | Peanuts | Sesame seeds | Soya | Sulphur Dioxide |
| Belgian Waffle | | ✓ | | ✓ | | | ✓ | | | | | | ✓ | |
| Brownie | | | | ✓ | | | ✓ | | | | | | | |
| Peanut Butter Sundae | | ✓ | | ✓ | | | ✓ | | | ✓ | ✓ | | | |
| Salted Caramel Sundae | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Fudge Cake | | ✓ | | ✓ | | | | | | | | | | |
| Berry Sundae | | ✓ | | ✓ | | | ✓ | | | | | | | |
| Caramel Apple Pie | | | | | | | ✓ | | | ✓ | | | | |
| Peach Cobbler | | ✓ | | | | | | | | | | | | |
| | | | | | | | | | | | | | | |

Review date: 19/10/2018

Reviewed by: Martin A Hepworth